

# General

Be A Better You: - Sundays (10:30AM)

Blueprints for Christian Living by Robert Morris.

Quilters – Mondays (9:00AM – 12:00PM)

Making quilts for the community outreaches & terminal patients

Monday Prayer – Mondays (12:00PM – 1:00PM)

Praying for spiritual awakening for our church, community & nation

Empower Me Fitness – Tuesdays (6:00PM – 8:30PM)

Weight loss / healthy living education & encouragement

Home Group (Steve & Valerie Akins) – Meets Monthly (7:00PM)

\*Off Campus - Call church office for location

Insightful Frankness – Wednesdays (6:30PM)

A study in the book 1<sup>st</sup> & 2<sup>nd</sup> Timothy – Starting 4/27

GriefShare – Saturdays (10:00AM – 12:00PM)

Grief recovery support group

Two 12-week sessions per year– Call office for details

# Men

Pure Desire – Tuesdays (6:15PM – 8:00PM)

Please call the office for more info prior to attending

Men's Discipleship – Wednesdays (6:30PM – 8:00PM)

Evangelism Training May-August

Men's Bible Study Group – Thursdays (8:00AM – 9:30AM)

Recently retired men currently studying the book of Revelation

Men's Bible Study – Fridays (9:00AM – 10:30AM)

Bible study and fellowship – Continuing a study in Acts

Men's Prayer Breakfast – Saturdays (7:00AM)

Prayer in the chapel followed by breakfast at a local restaurant

# Women

Ladies Bible Study – Tuesdays (9:30AM – 11:00AM)

Meeting weekly May-Aug. Call church office for details on current study

Ladies Bible Study – Wednesdays (6:30PM – 8:00PM)

Bible Mapping & study – Working Through a yearly Bible Reading Plan

Ladies Bible Study – Thursdays (6:30PM – 8:00PM)

Meeting through the summer – call office for details

Valley Sisterhood – Quarterly Events

See Welcome Center or call church office for details

# Marriage / Parenting

Love Like You Mean It – Sundays (9:15AM)

Adoption Support Group – Sundays (6:00PM – 7:30PM)

Support and Encouragement for Adoptive and Foster Parents

Fun Marrieds – Monthly Meetups through the Summer

Exists to grow couples in relationship with Jesus

& each other while having fun. For details email [angelaskolrud@gmail](mailto:angelaskolrud@gmail.com)

Parent Connect – Wednesdays (6:30PM – 8:00PM)

It Starts At Home - Confidently teach your kids about God

# PrimeTimers / Boomers 55+

Faith Builders – Sundays (10:30AM)

Survey of the Poetry/Wisdom Books of the Old Testament (April-Sep)

Bible Study – Wednesdays (10:00AM – 11:30AM)

Meeting weekly through July – Watch for announcements

regarding special events in August

GALS Luncheon (God's Amazing Love Sustains) –

First Wednesday of the month (11:45AM)

Food, fellowship and encouragement for ladies 55+

PrimeTimer / 55 & Beyond - Monthly Events

See dedicated PrimeTimer Info desk or call church office for details

# Young Adults

YA Ladies Bible Study – 2<sup>nd</sup> & 4<sup>th</sup> Fridays (6:00PM)

\*Off Campus - Call church office for location

YA Volleyball Life Group –Sundays (6:00PM)

\*Off Campus – email [Cameronmc@valleyassembly.org](mailto:Cameronmc@valleyassembly.org) for details

YA Collective – Once a Month @ Sullivan Commons

\*Off Campus -A movement of Young Adults proclaiming ONE God & making Jesus known - email [mitch@valleyassembly.org](mailto:mitch@valleyassembly.org) for details

# Youth

The Gospel Project – Sundays (9:00AM)

Walk through the Bible from theme to theme

Cadres (Youth Life Groups) – Days & times vary

Email [mitch@valleyassembly.org](mailto:mitch@valleyassembly.org) for details

For location or further details, you can email [info@valleyassembly.org](mailto:info@valleyassembly.org), call (509) 924-0466 or visit the Welcome Center in the lobby.



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Updated on 05/23/22



# LIFE GROUPS

WITH VALLEY ASSEMBLY

